Four Phases of Family Centered Treatment®

- **Joining – Getting to know you**
  We need to feel comfortable with each other for treatment to work. We need to understand what you think needs addressed. Tell us what works and what hasn't worked for your family. We help you find solutions you thought impossible.
- **Restructuring – Making changes**
  We provide you with activities, suggestions, feedback, and skills to help improve the way your family interacts with each other.
- **Valuing change – Do it yourself**
  You use your new skills every day to make changes and handle difficult situations. We begin preparing you to continue progressing independently.
- **Generalization – Planning for difficult times**
  It's time to say goodbye. You are prepared to move forward in your family's healing and to handle it without help from Saint Francis.

About Saint Francis Ministries

A voice for the vulnerable since 1945, the mission of Saint Francis Ministries is to provide healing and hope to children and families. We honor human dignity and potential through our programs and services to thousands of youth and families in Arkansas, Kansas, Mississippi, Nebraska, Oklahoma, and Texas.

Saint Francis MINISTRIES

www.SaintFrancisMinistries.org

Saint Francis Ministries Texas Prevention

Lubbock Office
129 Brentwood, Lubbock, TX 79416

Amarillo Office
1900 SE 12th St. Ste 100, Amarillo, TX 79102

Do you have a client safety concern?

Please contact Saint Francis first, but you may also contact the Joint Commission:

630-792-5800
patientsafetyreport@jointcommission.org

REV/11-26

Family Centered Treatment®



Saint Francis MINISTRIES

What is Family Centered Treatment®?

Family Centered Treatment® keeps families together by helping them develop the solutions and skills they need to reduce risks in everyday situations.

Saint Francis partners with families to identify and build upon their existing strengths so they can provide for the health and security of their children.

We offer hope to families in crisis so they can create opportunities for positive change.





How we help

Every referral* begins with an assessment that:

- Identifies priorities, concerns, and characteristics unique to the family
- Helps Saint Francis identify supports that can keep children in the home

Upon referral, Saint Francis assigns a clinician who will work with the whole family – as defined by the family. Your clinician will meet with you at a day and time convenient to you.

Families also receive:

- Sessions in their own home several times a week
- Sessions scheduled when they're needed most – during difficult times
- 24/7 on-call crisis support
- 15-minute response times from Saint Francis
- Local offices where they can meet in person with Saint Francis staff



Services delivered to your door

Family Centered Treatment® enables practitioners to directly observe families where members are most comfortable – at home. Interacting with family members within their "natural" setting makes it possible to directly intervene in unhealthy behaviors and to immediately reinforce positive, healthy life choices.

We also partner with community organizations to connect families with the resources they need to complete their case plan. Those resources may include help with:

- Parenting skills
- Health and nutrition
- Budgeting
- Education
- Child development
- Managing emotions
- Advocacy
- Substance abuse
- Support groups