

How to Enroll

Families can be referred by any community agency, organization, or non-profit. Families can also self-refer.

You can fill out the form here by scanning the QR code.



About Saint Francis Ministries

A voice for the vulnerable since 1945, the mission of Saint Francis Ministries is to provide healing and hope to children and families. We honor human dignity and potential through our programs and services to more than 12,000 youth and families in Arkansas, Indiana, Kansas, Mississippi, Nebraska, Oklahoma, and Texas.



For more information:

833.883.2921

www.SaintFrancisMinistries.org



Saint Francis Ministries is
Joint Commission accredited.

Prevention Family Check-Up[®]



What is Family Check-Up®?

Family Check-Up® is a brief, family-centered, and strengths-based approach to mindful parenting, tailored to family strengths and needs.

Saint Francis partners with families to identify and build upon their existing strengths so they can provide for the health and security of their children.

We offer hope to families in crisis so they can create opportunities for positive change.



How it works

Assessment & Goal Setting:

- Combines assessment with motivational interviewing to engage families in identifying strengths and areas for improvement in parenting.
- Uses collaborative feedback and goal setting with parents to bridge to Everyday Parenting and other follow-up services as needed.

Everyday Parenting Curriculum:

- Provides parents with simple, practical parenting strategies to promote positive child development.
- Offers session-based approach with three modules – positive behavior support, setting healthy limits, and building family relationships.

Services delivered directly in the home

Family Check-Up® enables clinicians to directly interact with families where members are most comfortable – at home.

THV can meet on family's schedule- in day, evening, or weekends.

Plus ...

Any family can qualify if they:

- Have at least one child 0-5.
- Live in McLennan or Bell County.

