

2023 IMPACT REPORT



PATHWAYS
TO HEALING



Saint Francis
MINISTRIES

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MESSAGE FROM OUR CEO



2023 was indeed an exciting and remarkable year for Saint Francis Ministries. For more than 78 years, Saint Francis Ministries has been dedicated to improving the lives of children and families - offering hope, healing, and support when they need it most. Our commitment to this mission has never wavered, and our passion for creating brighter futures for those we serve remains as strong as ever. 2023 only furthered and deepened our commitment to service.

I am extremely proud of the work that we do at Saint Francis; we impact lives in such a positive way. As I tend to say, "we are in the people business," and the work that we do leads to transformation. To all who partnered with us, stood alongside us, and rolled up their sleeves to assist in caring for others, we are grateful. Your efforts and support have been life changing and mean the world to us.

THANK YOU for being a part of the Saint Francis family; THANK YOU for making a difference for so many. We applaud you and appreciate you!

***We applaud you
and appreciate you!***

2024 promises even greater opportunity for Saint Francis, as we continue our efforts to support children and families. As we look to the future, we not only see the new opportunities to help more people, but we are actively pursuing those opportunities as well. At the conclusion of 2024, we look forward to sharing with you the steps taken to positively impact the lives of children and families and how together we continued to transform lives and systems.

Until next time....." The Lord bless you and keep; the Lord make His face shine upon you, and be gracious to you; the Lord lift up His countenance upon you, and give you peace."

A handwritten signature in black ink that reads "William J. Clark". The script is fluid and cursive, with a large, stylized 'W' and 'C'.

William J. Clark

President/CEO — Saint Francis Ministries

A YEAR OF STEWARDSHIP AND INNOVATION

- SFM developed an internal Child Welfare Certification for staff providing case management services, as well as a Leadership Academy for supervisors, directors, and executives.
- Saint Francis partnered with the University of Kansas School of Social Welfare to develop adaptations of the Protective Factors Survey® to create short, specific measurement tools for SFM programs.
- SFM finalized the sale of its Elm Street offices, which enabled us to consolidate all our client program services in Salina to our 40-acre Otis street campus.
- In March 2023, Saint Francis Ministries opened the first Qualified Residential Treatment Program in the Texas Panhandle.
- In response to the fentanyl and opioid epidemic, Saint Francis implemented Narcan kits to safeguard clients and staff from overdose or contact.
- Saint Francis transitioned its trauma model to the Neurosequential Model of Therapeutics to guide work with maltreated and traumatized children.
- SFM's Leadership Team established the Health Care Equity Committee to guide the organization in ensuring that all populations served have full and equal access to the services they need to lead healthy lives.





TEXAS CELEBRATES A BIG FIRST

21 more beds for youth ages 13-18

As the Single Service Continuum Contractor for Region 1, SFM became aware of a lack of available beds for youth needing residential care, requiring families to travel long distances to receive treatment in other parts of the state. By opening our new Qualified Residential Treatment Program in Lubbock, we have helped address that problem.

Our residential facility serves young Texans in the child welfare system and their families as they work to become stronger, safer, and more resilient caregivers. We have gathered the resources needed to build a transformative treatment model in our own community, and with it, a tool to bring our children home.

NATIONAL STATISTICS

381,176

youth entered
into foster care

33%

of youth in foster
care experience
two placements
in a year

47%

of youth exiting
foster care are
reunited with
their parents



90%

of youth who received
Family Centered
Treatment® services
were successfully
reunited with family

24%

fewer youth
in residential
placement when
receiving FCT
services

96%

of families receiving
FCT services report
having a “better
handle on their
family problems”

Source: The Annie E. Casey Foundation, FamilyCenteredTreatment.org



1 WHAT WE DO

OUR MISSION

Providing healing and hope to children and families.

OUR VISION

Transform lives and systems.



"There comes a point where we need to stop just pulling people out of the river. We need to go upstream and find out why they're falling in."

— ARCHBISHOP DESMOND TUTU

OUR VALUES

Rooted in faith, our values reflect an abiding respect for the dignity of every human being.



Integrity



Quality



Respect
& Dignity



Empower
Change



Innovate

OUR PURPOSE

Saint Francis Ministries began 78 years ago as a home for troubled boys in rural Kansas. Today, we serve more than 12,000 boys, girls, and families in six states – Arkansas, Kansas, Mississippi, Nebraska, Oklahoma, and Texas - with a full range of programs and services, many of them preventive in both nature and design.

Recognizing and honoring the uniqueness of each family and individual, we don't follow a one-size-fits-all philosophy. Rather, we focus on providing healing and hope to children and families because we believe that strong families make children's lives better.

That focus enables us to achieve our vision of transforming lives and systems. One of the best ways to achieve our vision is by using preventive programs and services to empower families with the skills and tools they need to heal and regain wholeness. We don't want to simply support kids in foster care, we want to keep them from entering foster care in the first place. The strongest families are those equipped with the coping strategies and communication skills they need to remain safely together, and Saint Francis gives them those strategies and skills.





SAINT FRANCIS STATISTICS



12,421

**INDIVIDUALS
SERVED**



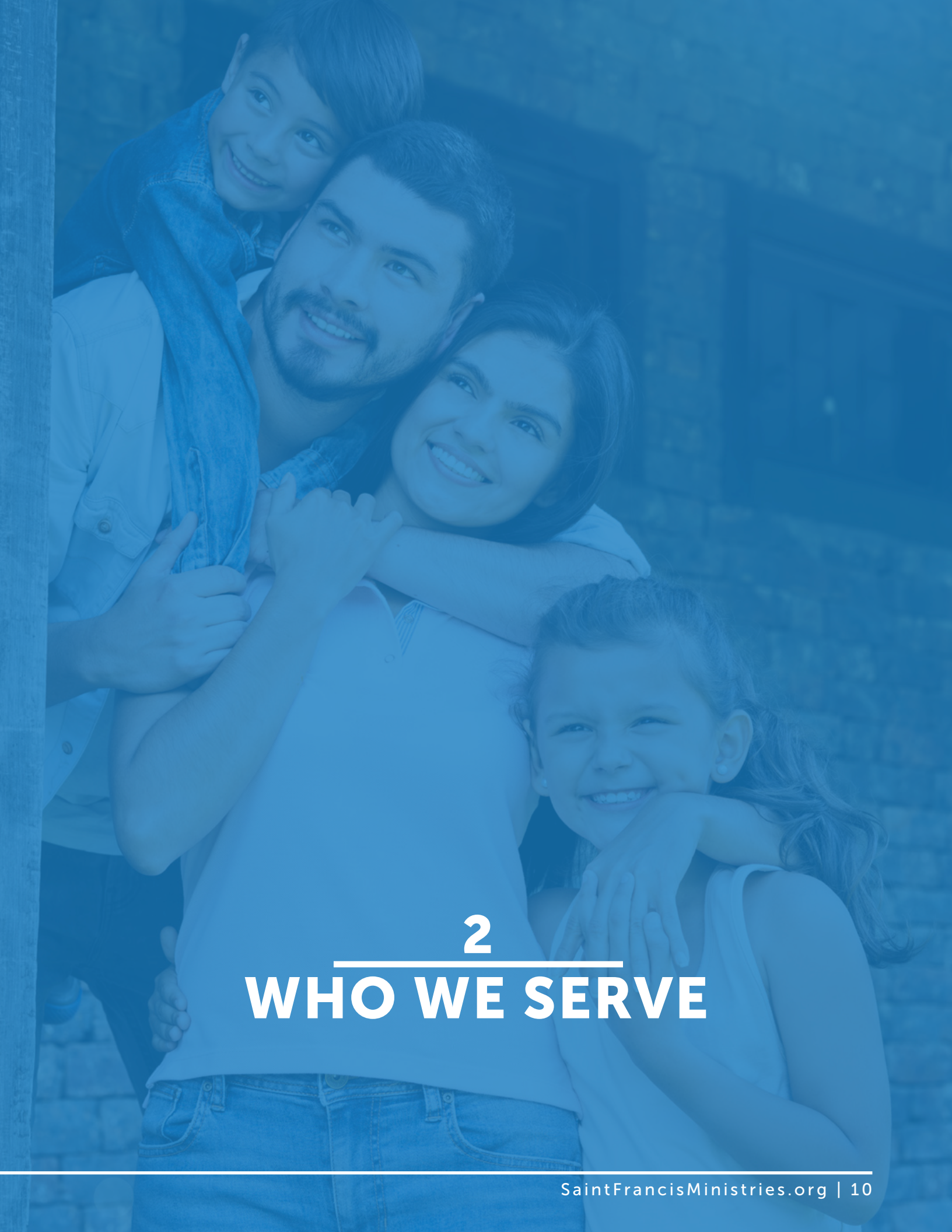
753

**FAMILIES
SERVED**



11,211

**YOUTH
SERVED**



2 **WHO WE SERVE**



Who We Serve

Young people dealing with trauma and needing a safe place to land until they can return to their families or find a forever family through adoption; adults and youth struggling with addiction; families dealing with stressors like poverty and generational trauma; men hoping to be better husbands and fathers; adults with intellectual and developmental disabilities who want to work and live independently; and families hoping to heal and stay together – this is who we serve.

Every day, about 1,700 Saint Francis employees work to help make life better for those in our care. Every day, social workers, therapists, case workers, and support staff dedicate themselves to changing the world one child, one youth, one family at a time. We are a ministry of second chances because redemption is in our DNA. We've seen second chances change lives in beautiful ways.



WHO WE SERVE

ARKANSAS



Arkansas – The Natural State

Saint Francis' Intensive In-Home Services focus on keeping families together. We serve dozens of Arkansas counties from our location in Jonesboro, helping families develop the solutions and skills they need to reduce risks in everyday situations. Families learn to build upon their existing strengths so they can better provide for the health and security of their children. Families needing In-Home Prevention Services are referred to Saint Francis by the Arkansas Department of Human Services.

Our Intensive In-Home Services enable clinicians to directly observe families where family members are most comfortable – at home, in a familiar environment. Interacting with family members within their natural setting makes it possible to directly intervene in unhealthy behaviors and to immediately reinforce positive, healthy life choices.



160

FAMILIES
SERVED THROUGH
IN-HOME PREVENTION



94%

OF FAMILIES
STAY TOGETHER
AFTER RECEIVING
PREVENTION SERVICES

WHO WE SERVE

KANSAS

Kansas: Oh, Give Me a Home ...

Saint Francis Ministries started in Kansas in 1945, and we continue to have our greatest presence here. Today our ministry includes foster care, adoption, family preservation, behavioral health, residential programs, human trafficking prevention, Family Centered Treatment®, Seeking Safety®, Fatherhood FIRE, and Independent Living.

Whether it's a child needing a safe place to stay, a permanent forever family, a temporary place where they can receive treatment for substance use or trauma, or simply a family healed and better equipped to nurture and care for them, our programs and services are dedicated to making home a safe place for kids.

From 16 sites throughout the state, including our corporate office in Salina, we provide programs and services for children and families in two-thirds of the state.



403

CHILDREN

FOUND A FOREVER HOME



809

CHILDREN

REUNITED WITH FAMILY



5,015

CHILDREN

IN FOSTER CARE SERVED



"We really have had the best caseworkers, support workers, CASA workers, and kinship workers. We wouldn't have made it without them. But God has healed these children and given them a life no one would have expected, considering what they went through."

— KINSHIP CARE PARENT



WHO WE SERVE

MISSISSIPPI



Mississippi: A Bridge to Independence

Our Bridgeway (Picayune) and Cheshire (Gulfport) residential programs provide supervised, shared, and supported living, supported employment, and job discovery services to adults with intellectual and developmental disabilities (IDD), so they can live and work as independently as possible. Adults ages 18 years and older with IDD are eligible for residency and services.

Our Day Services – Adult program in Picayune provides adults with IDD regularly scheduled, individualized activities in a non-residential setting outside the home. All our Mississippi programs honor the dignity of those we serve by helping them live and work as independently as possible so they can chart the course of their own lives.



87
ADULTS SERVED
IN MISSISSIPPI RESIDENTIAL SERVICES

A photograph of a woman and a young girl in a cornfield. The woman is smiling and holding a corn cob, while the girl looks on. The image is overlaid with a blue tint.

WHO WE SERVE

NEBRASKA



Nebraska: Midwest Values

Hard work, humility, caring for the community, strong family ties, and doing what's right are typical Midwest values shared by Saint Francis Ministries. Those values are reflected in the programs and services we provide, especially in Nebraska: foster care, family preservation, and Family Centered Treatment®.

Again, we believe strong families make children's lives better, so we work to build up families and help them acquire the skills and tools they need to remain whole and healthy. And when those families are too broken for the children to safely remain, we ensure they are nurtured and protected until they can find a permanent new home. That's caring for community. That's doing what's right, and we do it from our sites in Grand Island, North Platte, Omaha, and Scottsbluff.



724

CHILDREN

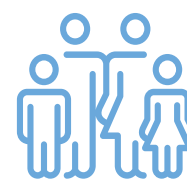
IN FOSTER CARE SERVED



390

YOUTH

SERVED THROUGH
IN-HOME PREVENTION



131

FAMILIES

SERVED THROUGH
IN-HOME PREVENTION



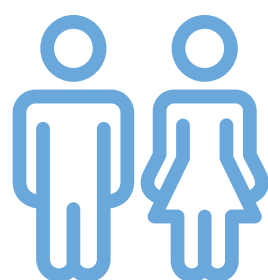
WHO WE SERVE

OKLAHOMA



Oklahoma: A Safe Place to Land

Children come to foster care from all walks of life and from every community. Many have experienced trauma, so they come frightened, confused, and anxious. Most enter foster care due to abuse or neglect, while others exhibit behavioral disorders. From our offices in Oklahoma City and Tulsa, Saint Francis Ministries provides foster care in Oklahoma for children in need of a safe place to stay and a family to provide for their emotional, educational, medical, and behavioral needs.



168
CHILDREN
IN FOSTER CARE SERVED

WHO WE SERVE

TEXAS

Texas: Big Plans, Big Panhandle

This year, Saint Francis Ministries brought the very first Qualified Residential Treatment Programs (QRTP) model to the Texas Panhandle to create greater access to a higher level of care for youth with immediate mental and behavioral health needs. Our QRTP model is specifically intended to provide greater benefits to children who are in out-of-home care. Youth in foster care receive treatment with others who share their experiences, which can create greater empathy and synergy in treatment rather than alienation in a group where a child may be the only one who is in foster care.

Located in Lubbock, Saint Francis Residential – Texas provides residential care, while our foster care and Family Centered Treatment® programs serve children and families in both the home and the community. Saint Francis Ministries also proudly serves 41 counties as the Single Source Continuum Contractor (SSCC) provider. With offices in Lubbock and Amarillo, SFM regularly engages community resource providers. Services wrapped around a child and caregiver can often make



209

CHILDREN

FOUND A FOREVER HOME



395

CHILDREN

REUNITED WITH FAMILY



2,016

CHILDREN

IN FOSTER CARE SERVED



“The best part was the validation all of us got from our Saint Francis practitioners. They helped us manage our behaviors in a healing way.”

— FAMILY CENTERED TREATMENT® CLIENT

3

**HEALING BEGINS
WITH PREVENTION**



Prevention is the First Step Toward Healing

Saint Francis Ministries' prevention programs honor the dignity of those we serve by guiding them through the difficult work of healing, recovery, and renewal.

Each prevention service provides the skills and support families need to remain whole and manage future challenges. Each builds upon their strengths and capabilities to resolve issues that place children at risk.

Our efforts help families better provide for the health and security of their children. Through prevention, we can create positive change – and positive change helps families stay together.

Fatherhood FIRE

A federally-funded grant program, Fatherhood FIRE focuses primarily on teaching men the skills they need to be better fathers. Comprised of five distinct courses, Saint Francis Ministries provides Fatherhood FIRE free of charge in Kansas, Nebraska, and Texas.

Courses include:

- 24/7 Dad - A skill-building class for fathers
- The Parent Project - Support for parents of strong-willed/out-of-control children
- Nurturing Fathers - For fathers with anger or domestic violence history
- Inside Out Dad - For incarcerated dads
- Connections to Success - Personal and professional development for men and women

Fatherhood FIRE benefits the whole family:

- Builds relationships between fathers and children
- Supports co-parenting
- Works toward economic stability for families
- Educates and supports fathers involved in domestic violence
- Serves mothers, too, who are connected to the fathers, even if they are no longer together as a couple



355
FATHERS
COMPLETED A COURSE

22%
MORE
FATHERS SERVED



Family Centered Treatment®

Integral to our Intensive In-Home Prevention services is Family Centered Treatment®, an evidence-based model of intensive in-home treatment that focuses on working with the family to build a stable healthy future.

FCT enables clinicians to directly observe families where members are most comfortable – at home. Interacting with family members within their “natural” setting makes it possible to directly intervene in unhealthy behaviors and to immediately reinforce positive, healthy life choices. Saint Francis provides FCT in Arkansas, Kansas, and Nebraska. Our guarantees manifest the Pillars of Family Centered Treatment®.



“National research indicates that 98% of all families that successfully complete FCT are still together one year later.”

— Dr. Nicole McCauley, Vice President of Prevention

Family Preservation

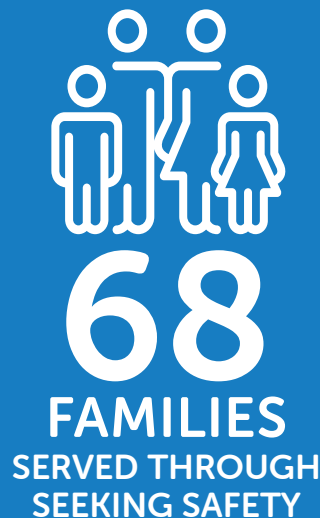
Available in Nebraska, Family Preservation aims to keep children in the home through in-home family therapy and the services of a skill builder that helps develop new skills. We also provide services for children and families who need extra coaching and support in their parenting skills. Every referral by the Nebraska Department of Health and Human Services begins with an assessment that identifies priorities, concerns, and characteristics unique to the family. Upon referral, each family is assigned a Preservation Team that they can access 24 hours a day. As the name implies, Family Preservation centers on keeping families together and children in the home.

Intensive In-Home Prevention

Our in-home mental health services enable therapists to directly observe families where family members are most comfortable – at home, in a familiar environment. Interacting with family members within their natural setting makes it possible to directly intervene in unhealthy behaviors and to immediately reinforce positive, healthy life choices. We also partner with community organizations to connect families with the resources they need to complete their case plan.

Seeking Safety®

Seeking Safety is another cornerstone of Saint Francis' In-Home Prevention Services toolbox. An extremely flexible, evidence-based model designed to help individuals with a history of trauma and substance misuse, Seeking Safety is available in Kansas, and offers 25 treatment topics focusing on cognitive, behavioral, and interpersonal issues. Since implementation, Seeking Safety has resulted in a 99% success rate in maintaining children at home during service delivery. During the year following referral, children remained in the home more than 91.8% of the time.



Behavioral Health

Accessible both remotely and in-person, Saint Francis Ministries Outpatient Behavioral Health department has offered healing and hope to individuals and families for more than two decades. Behavioral Health provides treatment and support for a wide variety of issues, including alcohol and drug counseling and outpatient services. All of our behavioral health programs are designed to meet the unique needs of both adults and adolescents.

Anchored by our Psychiatric Residential Treatment Facility (PRTF) and two Qualified Residential Treatment Programs (QRTF), Saint Francis provides compassionate, clinical care for children with both short- and long-term needs. Our QRTFs provide them with a safe place to stay where they have time to work on these behaviors within a home-like environment. Other residential services feature a range of treatment tools that include art therapy, equine therapy, and more. Each is designed to help youth overcome mental health and behavioral health struggles, so they can return to their families and communities to lead healthier lives.





4

THE JOURNEY CONTINUES



THE JOURNEY CONTINUES

Mission and Ministry

Saint Francis believes that spiritual health translates into missional health. Our new Executive Officer for Mission and Ministry, Fr. Andrew O'Connor, provides a pastoral presence to the organization, builds and fosters relationships with faith communities, and works with our partners to put faith into action by supporting Saint Francis programs and services.

Expanding facilities, expanding services

A cherished campus that has served as a pillar of support for children and families in Lubbock for more than 60 years is available for acquisition, and Saint Francis is in the process of purchasing it. It presents a unique opportunity to expand services within the Panhandle and to continue its legacy of positively transforming lives.

Implementation Science initiative

SFM has hired a Clinical Director of Research and Implementation versed in Implementation Science to help enhance the application of program models and evidence-based practices. Implementation Science focuses on finding effective methods and strategies to turn research findings and evidence-based practice into everyday actions that benefit both those putting them into practice and those they serve.

Growing prevention services

The statewide expansion of Intensive In-Home services in Arkansas offers an opportunity for Saint Francis to widen our preventive care to more children and families by teaching families the skills they need to remain whole and manage future challenges. Saint Francis is also currently exploring opportunities to expand our prevention services into Ohio.

MESSAGE FROM OUR BOARD CHAIR



Change is one of life's constants. Yet change for its own sake matters little. As chair of the Board of Directors, I work closely with a talented group of people dedicated to ensuring that Saint Francis Ministries moves forward with the vision and dedication to mission that those we serve deserve.

In collaboration with senior leadership, we work to ensure that every change has the purpose of enhancing and supporting the lives of those who rely on Saint Francis for their security and well-being.

In my time on the board, I have often been awed by the professionalism and passion of the people of Saint Francis Ministries. Everyone, from the front-line social worker to the driver transporting a child to a parental visitation, cares deeply about the children and families in our care. It makes me proud to be part of such an organization.

Yes, 2023 was a time of energetic change for Saint Francis, but I trust you have discovered in these pages that each instance of initiative and expansion moved our mission forward by making families stronger and children's lives better.

No doubt, we will continue to move forward in 2024 in ways that remain both innovative and life-affirming.

Thank you for your friendship and for helping us serve the children and families in our care. Together, we are making the world brighter for those who need it most.

In peace,

The Reverend Brock Slabach

Board of Directors Chair — Saint Francis Ministries

THE SAINT FRANCIS FOUNDATION, A WORLD OF GOOD

The philanthropic arm of Saint Francis Ministries, the Saint Francis Foundation supports our mission through the cultivation of friendships and partnerships — in states where we serve, within the wider church, with governmental agencies, and with other child and family welfare nonprofit organizations.

We could not achieve our mission without our community partners. United in a shared desire to make life better for others, we provide healing and hope to those in our care – together.

What you give to Saint Francis— through a financial contribution, or an in-kind donation, or with the gift of your time — does a world of good. You can serve people in the greatest need through programs that save, enrich, and restore lives.

To partner with Saint Francis Ministries in our life-affirming work, visit SaintFrancisMinistries.org/Foundation.

Saint Francis Ministries Foundation

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SaintFrancisMinistries.org/Foundation

Saint Francis Ministries Headquarters

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CRISTIAN GARCIA
Chief Advancement Officer



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Vexus Fiber

Watson Electric, Inc.

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Providing healing and
hope to children and families.

MISSION



Transform lives and systems.

VISION

Act with Integrity.

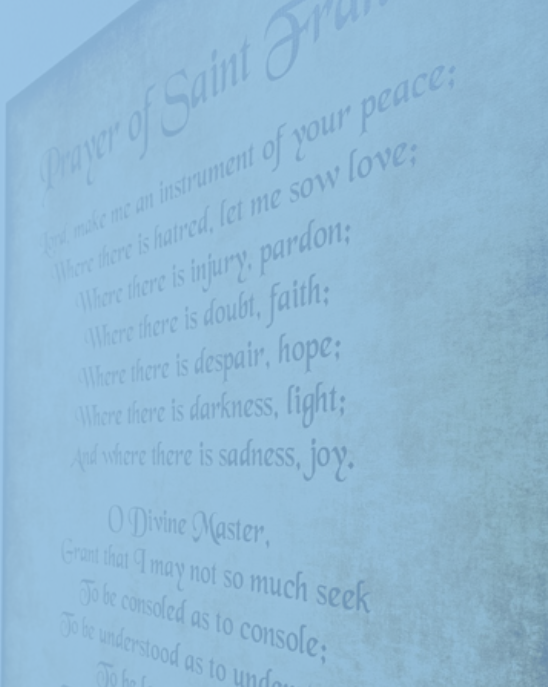
Perform Quality Work.

Treat all with Respect and Dignity.

Empower Change.

Innovate for Excellence.

VALUES



Prayer of Saint Francis
Lord make me an instrument of your peace;
Where there is hatred, let me sow love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light;
And where there is sadness, joy.

O Divine Master,
Grant that I may not so much seek
To be consoled as to console;
To be understood as to understand;
To be loved as to love.